

## chemotherapy and radiation therapy support

This regimen will help to maintain skin health during chemotherapy and radiation therapy. The products included will help to prevent the onset of some of the common skin concerns brought on by these cancer treatments. For those undergoing radiation therapy, avoid open areas in the skin, and only treat the surrounding tissue.

### Morning:

1. Cleanse the skin with **creamy cleanser**. Rinse with warm water, and pat dry.
2. Apply one pump of **anti-redness serum** (as needed) to reduce redness and calm irritation.
3. Apply two pumps of **hydrating serum** to maintain important moisture levels in the skin that minimize excessive dryness and discomfort.
4. Apply a small amount of **brightening therapy with TrueTone** to even skin discoloration and bring luminosity back to distressed skin.
5. For all over face and body care, apply **perfecting face & body hydrator SPF 30** for broad-spectrum UV protection and a hydrated, even skin tone.
6. For the lips, apply **peptide lip therapy** to reduce peeling, improve hydration and dramatically reduce lip lines.

### Evening:

1. Cleanse the skin with **creamy cleanser**. Rinse with warm water, and pat dry.
2. Apply one pump of **anti-redness serum** to reduce redness and calm irritation.
3. Apply two pumps of **hydrating serum**.
4. Apply a small amount of **brightening therapy with TrueTone**.
5. Apply **ReBalance** for light hydration and additional calming and redness reduction. **silkcoat® balm** may be used in addition to or in place of **ReBalance** to relieve extreme dryness.
6. For the lips, apply **peptide lip therapy**.

**As needed: après peel® soothing balm** may be applied in seven-day intervals to reduce inflammation, irritation and histamine reactions.